



*2<sup>nd</sup> Battalion, 29<sup>th</sup> Infantry Regiment*



# Basic Modern Army Combatives Program Strategy

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# MACP Strategic Vision



*2<sup>nd</sup> Battalion, 29<sup>th</sup> Infantry Regiment*

**The Modern Army Combatives Program kindles the flame of the Warrior Ethos by providing relevant Combatives training to ensure every Soldier is tough and adaptive to changing conditions, more confident in their abilities, and equipped with the tools necessary to dominate their environment.**



# Fight Tactics/Training Strategy



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In order to train Soldiers efficiently it is necessary to develop a systematic approach to both fighting and training. The three phases of basic fight strategy are:

➤ Close the distance

Controlling a standup fight means controlling the range between fighters. An untrained fighter is most dangerous at punching range. The goal is to avoid this range. Even if you are the superior striker, the most dangerous thing you can do is to spend time at the range where the enemy has the highest probability of victory. When training soldiers, the primary goal should be instilling the courage to close the distance.

➤ Gain dominant position

Before any killing or disabling technique can be applied, the soldier must first gain and maintain dominant body position. It is the leverage gained from dominant body position that allows the fighter to defeat a stronger opponent. An appreciation for dominant position is fundamental to becoming a proficient fighter because it ties together what would otherwise be a long and confusing list of unrelated techniques. If a finishing technique is attempted from a dominant position and fails, the fighter can simply try again. If, on the other hand, a finishing technique is attempted from other than dominant position and fails, it will usually mean defeat. The dominant body positions will be introduced in order of precedence.

➤ Finish the fight

When a dominant body position has been achieved, the fighter can begin attempting to finish the fight secure in the knowledge that if an attempt fails, he may simply try again as long as he maintains dominant position.

Training should start with ground grappling, which is not only easier to teach and learn, but also provides a sound base from which to move to more difficult standing techniques. Past programs started with techniques that took a very long time to master. The result was almost uniform disillusionment with combatives in general. The material covered in this handbook is considered the baseline combatives knowledge that every soldier should know.

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# Option I: Create Space Engage w/ Primary Weapon



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- Option I is the Soldiers primary option when dealing with non-compliant personnel.
- Soldier utilizes the post to push the opponent backwards or to the side allowing him to transition to his primary weapon.

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# Option I: Create Space Engage w/ Primary Weapon



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- Option I is the Soldiers primary option when dealing with non-compliant personnel.
- Soldier utilizes the frame to push or pull the opponent away allowing him to transition to his primary weapon.

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# Option I: Create Space Engage w/ Primary Weapon



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- Option I is the Soldiers primary option when dealing with non-compliant personnel.
- Soldier utilizes the hook w/ head control to push or pull the opponent away allowing him to transition to his primary weapon.

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# Option II: Maintain Space and Employ Secondary Weapon



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➤ Soldier utilizes post to maintain space between himself and the enemy, employs his secondary weapon, pistol, bayonet, knife etc... and engages enemy.

➤ When employing pistol soldier keeps it close to body and turns it outward so that the function of the slide isn't impeded by his equipment.

\* Note: When using edged weapon, attack around the natural body armor of the ribs. When employing pistol maintain muzzle awareness so that you don't shoot yourself .

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# Option II: Maintain Space and Employ Secondary Weapon



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➤ Soldier utilizes Frame to maintain space between himself and the enemy, deploys his secondary weapon, pistol, bayonet, knife etc... and engages enemy.

➤ When employing your pistol soldier keeps it close to body and turns it outward so that the function of the slide isn't impeded by his equipment

\* Note: When using edged weapon, attack around the natural body armor of the ribs. When employing pistol maintain muzzle awareness so that you don't shoot yourself.

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# Option II: Maintain Space and Employ Secondary Weapon



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- Soldier utilizes hook w/ head control to control opponent and maintain space in order to employ secondary weapon.

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# Option III: Achieve the Clinch



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- In option III Soldier closes the distance and achieves dominant clinch position.
- Soldier has the option to control opponent on the feet and call for support or take the opponent to the ground and finish the fight.

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